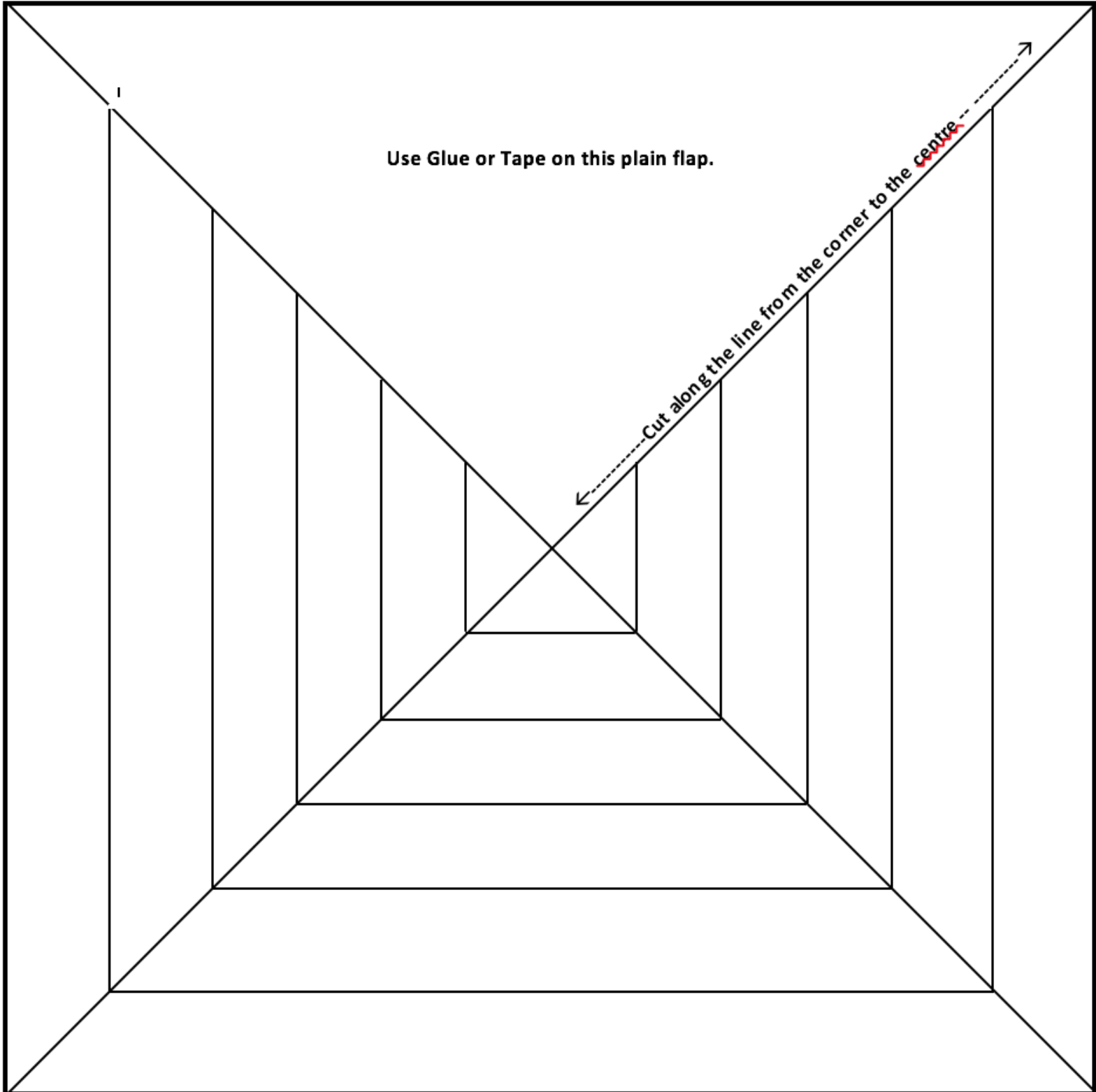




**INCREDIBLE
EDIBLES**

3D Food Pyramid Template

Instructions on Next Page

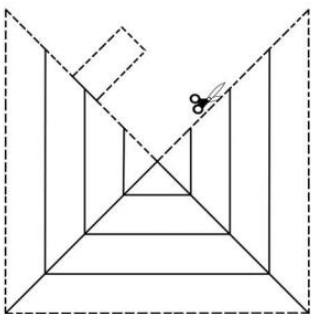




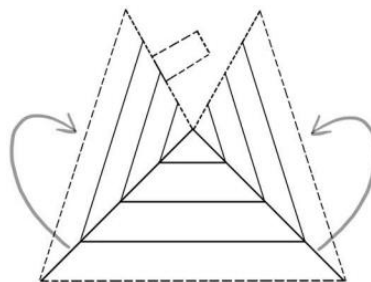
Directions and Instructions:

1. On one side of the pyramid, have students write the name of the food group. (Example: “Vegetables/Fruits” or “Dairy”)
2. On another side of the pyramid, have students write down how many servings they should eat from each of the food groups. (Example: “Fruit/Vegetables” → 5-7 Servings)
3. On the final side of the pyramid, have the students write down the names of some of the food items that can be found in that shelf of the food pyramid and draw a picture of the food item. (Example: “Fruits/Vegetables” → Apples, Carrots, Grapes, etc.)

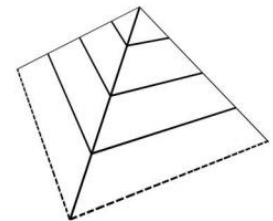
Folding Instructions:



1. Cut along the line from the corner to the centre.



2. Fold along the solid, diagonal lines.



3. Glue or tape the plain flap underneath the other side of the pyramid