



Fill in the Food Origin blanks

Food Origin is learning about the history of where our food came from and how it developed over time. This worksheet is to help you understand where food originated from.

Fill in the Blanks in the paragraph using the key words in the box below.

Changed	Added	Developed
White bread	Ingredients	World
Famine	Temperate Oceanic	Range
Vegetables	Season	March

Food has 1. _____ over thousands of years. It is such an important part of cultures across the 2. _____. A wide 3. _____ of fruit and 4. _____ are grown in Ireland. Potatoes have been a staple crop in Ireland for many years, especially during the 5. _____. Ireland's climate is described as 6. _____ which is the perfect climate for many foods to grow. The 7. _____ of production, for fruit and vegetables in Ireland is July to 8. _____.

Much of the food we buy is processed meaning it has been 9. _____ or has had something 10. _____ to it. 11. _____ is an example of a processed food. White flour is mixed with other 12. _____ and baked to make the loaf you buy in the shop.

Answers:

1. Developed.2. World.3. Range.
4. Vegetables.5. Famine.6. Temperate
- Oceanic.7. Season.8. March.
9. Changed.10. Added.11. White
- Bread.12. Ingredients.