



1. How are carrots eaten?

- A. Boiled
- B. Grated
- C. Raw
- D. All of the above

2. Which of the following is not a type of mushroom?

- A. Button
- B. Cup
- C. Flat
- D. Square

3. Commercially grown strawberries are grown from

- A. Cuttings
- B. Seeds
- C. Leaves
- D. A strawberry cut in half

4. What section of the food pyramid would you find lettuce?

- A. Top shelf
- B. Bottom shelf
- C. Fourth shelf
- D. Middle shelf

5. Which part of the celery plant do you eat?

- A. Stem
- B. Flower
- C. Root
- D. Seeds











6. What colour is an aubergine?

- A. Blue
- B. Green
- C. Purple
- D. Red

7. Which of the following is an ancestor of the cabbage?

- A. Kiwi
- B. Carrot
- C. Kale
- D. Cantaloupe

8. Which of the following is a fruit and is also the name of a band

- A. Cherries
- B. Cranberries
- C. Blueberries
- D. Melons

9. Potatoes are an excellent source of fibre. Fibre helps

- A. Our hair and nails to grow
- B. Improve our eyesight
- C. Keep our teeth clean and strong
- D. Digest food and pass through our system

10. Potatoes are 'perennial' which means if they are left in the ground, they will:

- A. Come up day after day
- B. Come up month after month
- C. Come up year after year
- D. Come up decade after decade

Answers

(1.) D (2.) D (3.) A (4.) C (5.) A (6.) C (7.) C (8.) B (9.) D (1.0) C





