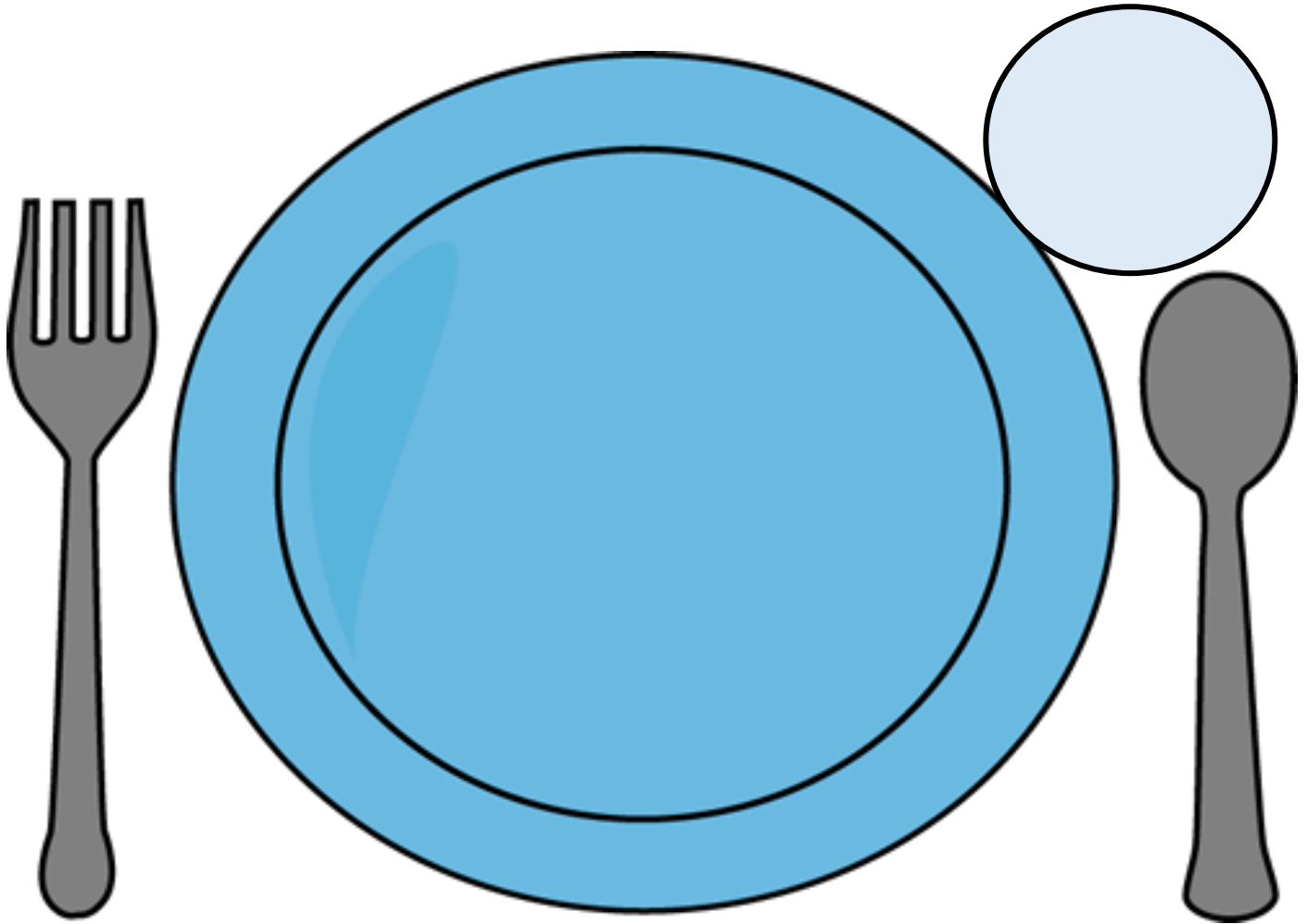




Family's Favourite Meal

Draw a picture of your family's favourite meal on the dinner plate:



My favourite meal has foods from these food groups:

Fruits: _____

Vegetables: _____

Grains: _____

Proteins: _____

Dairy: _____